

LESSON PLAN FORMAT

SUBJECT	sciences	GRADE	8
TOPIC	the health	LENGTH	60 minute
AIMS			
MAIN AIMS <i>(What are the main aims of your lesson (content, language skills and language items)? What do you want your learners to have learnt by the end of this lesson?)</i>			
<p>At the end of the class, the students will make a plan for food, hygiene and personal care to maintain a healthy life</p> <p>SUBSIDIARY AIM:</p> <ul style="list-style-type: none"> Identify the parts of the human body Recognizes eating disorders as a cause of diseases Plan a food prevention plan for health care 			
TEACHING OBJECTIVES			
Content <i>(New knowledge, skills and understanding)</i>	Cognition <i>(High-order thinking skills, problem-solving, challenges and reflection)</i>	Culture <i>(Awareness of self and other, identity, citizenship, and pluricultural understanding)</i>	
<ol style="list-style-type: none"> Body parts Eating disorder Diseases that cause an eating disorder 	<ol style="list-style-type: none"> know the parts of the human body know the diseases that cause an eating disorder Develop a prevention plan for personal care 	<ol style="list-style-type: none"> Investigate which countries in the world suffer from diseases caused by an eating disorder and why Involve the family to participate in a food plan for health care 	
Communication <i>(What and how)</i>			
Language of Learning <i>(Key vocabulary – content-obligatory) (Key vocabulary – content)</i>	Language for Learning <i>(Functional language e.g. language while learners participate in the lesson – thinking skills)</i>	Language through learning <i>(Language progression, practice and extension – emerging language, and what you will do with this)</i>	
<p>Human body parts vocabulary <u>Meaning.</u> They are mainly each of the external parts in which the human body is made up in its physical structure. <u>Objective.</u> The teacher presents a video with the parts of the human body and their correct pronunciation Food vocabulary <u>Meaning.</u> Good nutrition is the basis of good health; therefore, knowing the food groups that provide nutrition is very important <u>Objective.</u> the teacher presents an illustrative text related to the food groups, in pairs they will read it and write the vocabulary</p> <p>Disease vocabulary. <u>Meaning.</u> An eating disorder is affecting the health of millions of people around the world, causing diseases such as anorexia, bulimia and being overweight, it is necessary for the student to know the origin of these diseases through vocabulary</p>	<p>The teacher will use expressions of motivation for students to continue learning Expressions like. you are doing it very well if so, continue if you make a mistake it doesn't matter, we do it again and better</p>	<p>The teacher will monitor student learning, group work in pairs or individually</p> <p>The teacher will solve the concerns or difficulties of the students in terms of writing, pronunciation and good use of language in the different assigned activities</p> <p>One of the possible difficulties for students is learning the vocabulary of the parts of the human body, their writing, pronunciation and location. The teacher will be present to provide all the support that the students need.</p> <p>Another of the difficulties is the participation in the discussion because most students do not have a rich lexicon for participation in diseases caused by an eating disorder, the teacher will take into account the level of English of the student and will guide him to find the right expressions</p>	



objective. Through videos, learn the vocabulary of diseases caused by an eating disorder, discuss in work groups, using the present and past simple

CRITERIA FOR ASSESSMENT

(What kind of assessment will be used in class? (teacher, peer, self?) What are you assessing, how?)

Formative Assessment

Self-assessment by rubric, how much the student has learned about health care

Reflect through videos how important it is to eat a nutritious diet according to age to avoid diseases

Through a test feel motivated and committed to health care

Summative Assessment

Through knowledge test, knowledge evaluation, about the vocabulary of the human body, food, diseases and health care

As a team and by competition, put together a puzzle of the human body, then, write sentences in the present simple with the vocabulary of the human body

Give feedback to clarify doubts about the use of language

LESSON PROCEDURE / ACTIVITIES			
Time	Stage	Procedure	Materials & Resources
5 mins	Activate prior knowledge	<p>1.T. Paste pictures on the board of sick and healthy people</p> <p>2.T. Question about the images</p> <p>3.Ss. Answer the questions until you come up with the parts of the human body</p>	<ul style="list-style-type: none"> - Photocopies - Board - Headband - Scissor
15 mins	Lead in	<p>1.Ss. Watch a video of the parts of the human body, diseases and copy the vocabulary</p> <p>2.T. Pronounces the vocabulary of the diseases, the parts of the human body and points to them on his body</p>	<ul style="list-style-type: none"> - Video Beam - Computer - Sound amplification - Internet - Notebooks - Pens
15mins	Vocabulary, human body parts and human diseases. test 1: gist reading	<p>T. Tells.Ss. will read a text about diseases the human body can suffer if health is not taken care of</p> <p>T. tell.Ss. Form groups of 4 students. 3 groups will make a soup of letters with the diseases and the other 3 groups will make a puzzle</p>	<ul style="list-style-type: none"> - Photocopies - Cardboard - Scissor - Color pencils - Ruler - Paper sheet
10mins	Vocabulary, human body parts and human diseases. test 1: task	<p>Ss. The groups exchange the works, the group that assembles the puzzle or solves the alphabet soup in the shortest possible time will obtain the highest grade</p>	<ul style="list-style-type: none"> - Puzzle - Alphabet soup
5 mins	Eating disorder. test 2: gist reading	<p>T. tells.Ss. In a group of 4 students. read two eating disorder situations</p> <p>Ss. Find in the text the diseases that occur because of an eating disorder</p> <p>Ss. Discuss in the group in a very quick way what would be the reasons for this eating disorder and two possible solutions to the problem. Write them down</p> <p>T.Ss. Choose a representative of the group</p>	<ul style="list-style-type: none"> - Photocopies - Notebooks - Pens
5mins	Eating disorder. test 2. task.	<p>T. tells. Ss. Three groups representative, will socialize two possible solutions to the problem of diseases (anorexia, bulimia, obesity) caused by an eating disorder</p>	<ul style="list-style-type: none"> - Headband - Markers
5mins	Wrap up	<p>Ss. Elaborate on a billboard, a preventive nutritional plan for health care</p> <p>Ss. Give the billboard to the teacher for grading</p> <p>Ss. Make the billboard visible in the cafeteria and the school store, to create awareness of good eating habits in other students</p> <p>T. Feedback in content and language</p>	<ul style="list-style-type: none"> - Billboard - Markers - Photocopies with images of a balanced diet